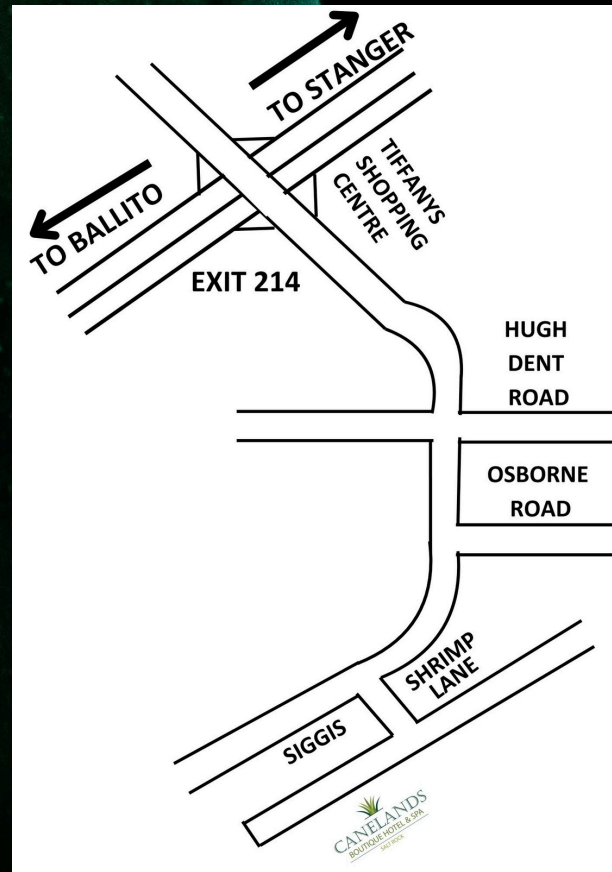


At the Canelands Spa we invite you to enter our tranquil setting, unwind and relax with us.

Our wide range of holistically chosen Healing Earth Ranges, are carefully selected to provide treatments that prepare you for a journey into wellbeing and rejuvenation.

We offer a comprehensive list of massage, facial and grooming treatments with the aim of ultimate pampering.

Our skilled team looks forward to welcoming you to our haven of tranquility and will endeavour to make sure you leave us rejuvenated and totally relaxed.



  
SALT ROCK

## CONTACT US

-  +27 (0)32 525 2300
-  +27 (0)79 690 9641
-  2 Shrimp Lane  
Salt Rock - KwaZulu Natal
-  [spa@thecanelands.co.za](mailto:spa@thecanelands.co.za)
-  [www.thecanelands.co.za](http://www.thecanelands.co.za)

## FACIALS

### HEALING EARTH FACIALS

Hydrating facial	60min	R670
Balancing facial	60min	R670
Anti-aging facial	60min	R670
High-performance facial	60min	R690

### KALAHARI FACIALS

#### HONEY BUSH SKIN TREATMENT FACIAL

R420

A deeply nourishing treatment which includes plant extracts that will hydrate and rejuvenate your skin making it feel soft and supple.

#### PHYTIC CLAY SKIN TREATMENT FACIAL

R470

This pro-active treatment effectively targets hyperpigmentation.

#### VITAMIN-C SKIN TREATMENT FACIAL

R570

Boost collagen and elastin with this beautiful regenerating treatment. Leaving your skin visibly firmed, brightened and tightened.

## MASSAGE

### HEALING EARTH

#### CEREMONIAL FULL BODY

Hydrating full body	60min	R680
Shea butter full body	60min	R690
De Stressing full body	60min	R680

#### TRADITIONAL MASSAGE

Back, neck & shoulder	30min	R380
Deep tissue back	30min	R410
Foot & leg	30min	R330
Hot stone	45min	R550
Hot stone	60min	R690
Swedish Full body	60min	R670
Swedish back	45min	R530
Aromatherapy	60min	R650
Neck and Scalp	30min	R330

## GROOMING

### HANDS & FEET

Deluxe pedicure	60min	R330
Paraffin pedicure	60min	R340
Express pedicure	30min	R210
Deluxe manicure	45min	R305
Paraffin manicure	60min	R330
Express manicure	30min	R190
Nails repaint	15min	R100
Soak off	15min	R50
Gelish pedicure	60min	R385
Gelish manicure	60min	R350
Express Gel manicure	30min	R200
Express Gel manicure	30min	R250

### WAXING

Full leg	45min	R280
¾ leg	40min	R220
½ leg	30min	R210
Bikini sides	45min	R200
Underarm	20min	R130
Arm	30min	R140
Eyebrow	20min	R80
Lip & chin	20min	R90

### TINTING

Eyelash tint	30min	R130
Eyebrow tint	20min	R80



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## PACKAGES

#### GETAWAY BEACH PACKAGE R2 025

(3.5hrs)

Body polish & wrap.  
Full body Swedish massage Healing.  
Earth Facial.  
Express pedicure.

#### COUPLES PACKAGE R2 580

(3hrs)

Full body Swedish massage.  
Healing Earth/Kalahari Facial.  
Deluxe pedicure.

#### HEAD TO TOE R1 230

(2.5hrs)

Back, neck & Shoulders massage.  
Facial.  
Gelish Pedicure.

### HEALING EARTH BODY TREATMENT

#### MANGONGO NUT POLISH & WRAP R750

A detoxifying body oil, polish and balm made with the traditionally lauded vitamin and anti-oxidant-rich mongongo nut.

#### COFFEE, CINNAMON & ORANGE POLISH & WRAP

R750

A treatment harnessing the smoothing and invigorating powers of coffee, cinnamon and orange to combat cellulite.

#### PINOTAGE BODY POLISH WITH AFRICAN POTATO MASSAGE R1 040

This treatment uses the intensely hydrating and cell-renewing balm, making the most of the healing, soothing, anti-inflammatory properties of the African potato.